

Developmental Skills Checklist

Name: _____ Age: _____ DOB: _____

Age	Skill	Yes/No
0-6 months	Demonstrates reflexive grasp pattern	
	Reach and grasp for objects	
	Holding objects in palm of hands	
	Recovers object dropped in visual field by sight, feel, and sound within range	
6-12 months	Reach and grasp to put objects in mouth	
	Demonstrates controlled release of objects	
	Pick up small objects with thumb and one finger	
	Transferring from one hand to another	
	Bangs 2 cubes in hands, both objects at midline	
	Poking and pointing with index finger	
	Recovers object dropped in visual field by sight, feel, and sound within range	
1 year	Put 3 or more objects in container	
	Marks paper with crayon	
	Points with index finger	
	Uses pincer grasp (index/thumb) to pick up objects	
	Transfers objects from one hand to another	
	Stacks 2 blocks	
	Claps hands together	
	Imitates clapping and waving	

	Release objects purposefully	
	Holds a spoon	
1-2 years	Builds a tower of 3 small blocks	
	Places rings on a stick or stacker	
	Turns pages of a book (2 or 3 at a time)	
	Turns knobs	
	Eats independently (minimal assist okay)	
	Brings a spoon to mouth	
	Holds and drinks from cups independently	
	Picks up small objects with thumb and one finger	
	Places large shapes into a sorter without assistance	
	Scribble with a thick crayon or marker	
	Pincer grasp to pick up small objects	
	Follows simple commands - "sit down", "arms up"	
	Imitates vertical line () and circle (O) - may not be accurate	
	Begins to string large beads	
	Places pegs into a pegboard	
	Throws a small ball	

2-3 years	String 3-4 large beads	
	Builds tower of 3-5 small blocks	
	Copies a simple sequence of colored blocks in a tower	
	Turns single pages of a book	
	Makes snips with scissors	
	Holds a crayon with thumb and fingers	

	Uses one hand consistently for most activities	
	Imitates circular, vertical, and horizontal strokes (O, , -)	
	Eats without assistance	
	Picks up small objects with thumb and one finger	
	Completes form board puzzles	
3-4 years	Builds a tower of 9 small blocks	
	Copies block designs up to 6 blocks	
	Opens bags, containers, and lunch boxes	
	Traces thick linear patterns	
	Uses one hand consistently for tasks	
	Copies a circle or imitates a cross (O, +) from visual model	
	Cut a piece of paper in half	
	Cut along wide line with 1/2 " accuracy	
	Copies prewriting lines of vertical, horizontal, and circle shapes	
	Unbuttons large buttons	
	Dresses self independently with button, socks, and shoes and initiates zipper	
	Completes 4-6 piece interlocking puzzles	
	Brushes hair and teeth	
	Sorts objects	
Completes a lacing card		

4-5 years	Cut along a line continuously	
	Brushes hair and teeth	
	Copies a model of 9 block bridge/train pattern	

4-5 years	Copies a circle, cross, and square	
	Demonstrates tripod grasp/3 point grasp pattern	
	Colors an entire picture	
	Colors within margin provided with no more than ¼" deviations from line	
	Writes their name	
	Traces on a line with good control	
	Copies numbers 1-5	
	Copies letters of the alphabet	
	Demonstrates preferred hand dominance	
	Dresses independently (except shoelaces)	
	Copies simple geometric shapes and designs	
	Attempts to draw a variety of pictures	
	Opens bags, containers, and lunch boxes	
	Completes an 8-12 piece interlocking puzzle	
	Touches tip of each finger with thumb	
	Can cut a big circle with scissors	
	Manages/moves paper with non dominant UE while cutting	
	Can use a fork correctly	

5 years	Grasps a pencil correctly	
	Begins to print name	
	Copies a triangle shape	
	Draws a person with a least 6 different body parts	
	Draws a diamond shape when given a model	

5 years	Ties shoes	
	Cuts out a circle	
	Completes cut and paste projects	
	Writes numbers 1-10	
	Colors in the lines/margin	
	Completes a 20 piece puzzle	
6 years	Forms letters and numbers correctly	
	Dressing and toileting independently	
	Endurance for activities	
	Adequate pencil control/appropriate grasp	
	Writes neatly on the lines	
	Cuts neatly around shapes	
	Drawing detailed pictures with recognizable objects	
	Completes 20 piece puzzle	
7 years	Forms letters and numbers correctly	
	Completes complex puzzles	
	Draws detailed pictures with recognizable objects	
	Completes shoe tying	
	Demonstrates appropriate grasp with finger movement not wrist	
	Cuts neatly around shapes	
	Writes neatly and on the line	
	Uses knife and fork with most foods	
	Completes dressing and toileting independently	